



**DANII**  
**Foundation**  
DIABETES ~INNOVATION ~MANAGEMENT

**Diabetes is the epidemic of the 21st century  
and the biggest challenge confronting  
Australia's Health System.**

## **A CHILD**

Will not outgrow  
Type **1** Diabetes.

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Type **1** is not reversible and  
Exercise and healthy eating  
Will not cure it.

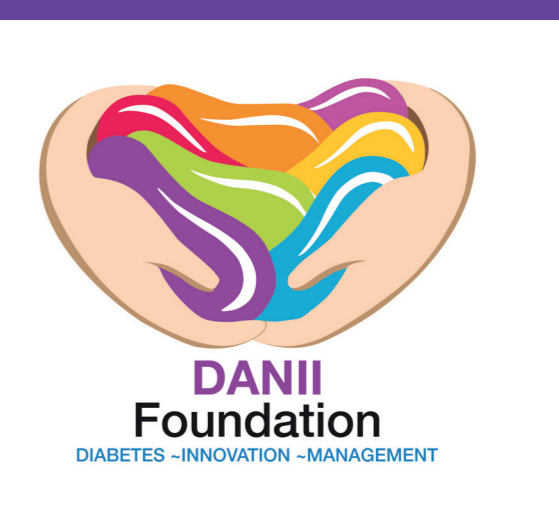


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There's really  
no such thing as  
"**under control**"

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No matter how hard they try as children, or  
how hard they work as an adult, the blood  
glucose levels of a person with Type 1 will not  
truly "stabilise". Life with type 1 means good  
days, highs, lows, constant  
monitoring, insulin dosing, carb  
counting and adjusting.



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A person with Type 1 Diabetes  
must take insulin every day or  
**they will die.**

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No amount of healthy eating,  
exercise or carefully concocted  
herbal remedy will ever eliminate  
the need for insulin.



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There's no  
**prevention.**

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Nothing the person (or patient) did or did  
not do could have prevented the onset of  
Type **1** Diabetes. No amount of healthy  
eating or exercise can stop the unknown  
trigger that causes the body to mistakenly  
attack and destroy the insulin  
producing cells within the  
pancreas.



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