



**DANII**  
**Foundation**

DIABETES ~INNOVATION ~MANAGEMENT



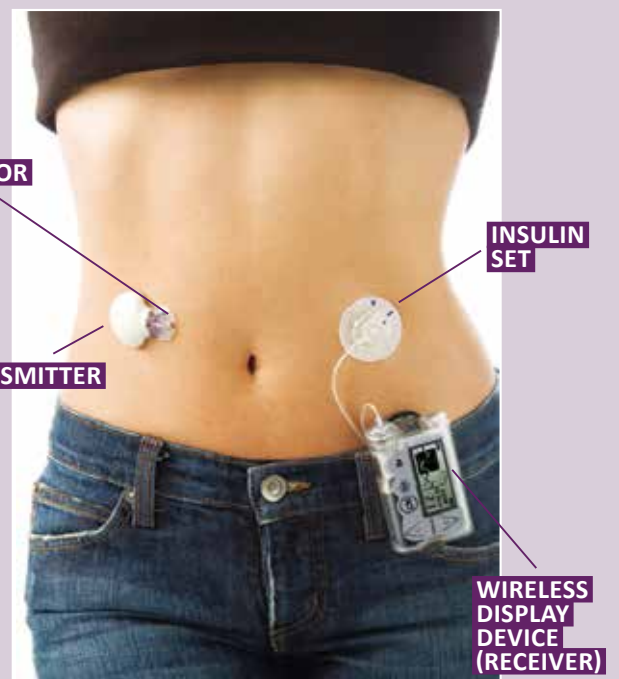
# HOW DO I ACCESS CONTINUOUS GLUCOSE MONITORING (CGM)?

You can buy a continuous glucose monitor but it is first well worth finding out if you are eligible to access subsidised CGM through the Australian National Diabetes Services Scheme (NDSS).

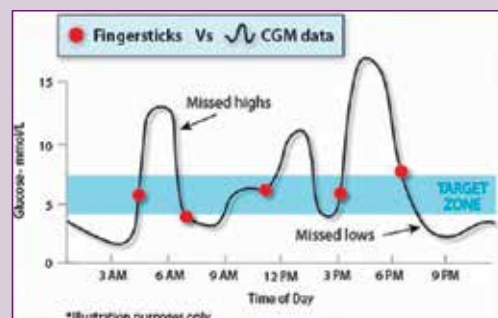
From **1 April 2017**, the Australian Government will provide access to fully subsidised continuous glucose monitoring (CGM) products through the NDSS. Access to these products will be open to children and young people aged under 21 years, who face significant challenges living with type 1 diabetes, and who meet specific eligibility criteria, as assessed by an authorised health professional.

**Authorised health professionals:** Endocrinologist, credentialed diabetes educator (CDE), and other professionals specialising in diabetes (physicians, paediatricians or nurse practitioners).

A detailed outline of the processes and eligibility criteria is noted below. The Continuous Glucose Monitoring Assessment form is available at [www.ndss.com.au](http://www.ndss.com.au)



## IMPROVED ACCURACY



# ELIGIBILITY CRITERIA

## CATEGORY A

Children 10 years of age and younger with type 1 diabetes will be eligible for subsidised access to CGM with alarms if they fulfil **all** of the following criteria:

- The child is aged up to ten (10) years of age with type 1 diabetes; **and**
- The child is expected to benefit clinically from the use of CGM; **and**
- The family/carer has the willingness and capability to use CGM; **and**
- The family/carer has the commitment to actively participate in a diabetes management plan which incorporates CGM.

**\* Those children in Category A who turn 11 years and have been accessing CGM products through the initiative will continue to have access until aged 21 years without the need to be reassessed under Category B.**



## CATEGORY B

Children and young people with type 1 diabetes aged from 11 to less than 21 years will be eligible for subsidised access to CGM with alarms if they fulfil **all** of the following criteria:

- The individual is expected to benefit clinically from the use of CGM; **and**
- The individual or family/carer has the willingness and capability to use CGM; **and**
- The individual or family/carer has the commitment to actively participate in a diabetes management plan which incorporates CGM.

**AND they fulfil one or more of the following criteria:**

- Frequent significant hypoglycaemia—more than one episode a year of significant hypoglycaemia requiring external, third party assistance; **and/or**
- Impaired awareness of hypoglycaemia; **and/or**
- Inability to recognise, or communicate about, symptoms of hypoglycaemia; **and/or**
- Significant fear of hypoglycaemia for the child/young person or a family member/carer which is seriously affecting the health and wellbeing of the child or young person or contributing to hyperglycaemia as a reaction to this fear.

## THE PROCESS

There is now a form available for children and young people aged under 21 years to discuss with an authorised health professional to determine eligibility for access to subsidised CGM products. The form can be found at [www.ndss.com.au/cgm](http://www.ndss.com.au/cgm).

Once the completed form has been reviewed and processed, you will be contacted by a NDSS Agent. If the person with diabetes is not already using CGM products, your authorised health professional will be sent a CGM starter kit by the supplier. Once received, your health professional will assist you to set up and use your CGM products. (Discuss these arrangements with your health professional).

After setting up the use of CGM with the starter kit, you will be able to order further supply through your local NDSS Access Point, usually a community pharmacy, in the same way as other NDSS products. The products will only appear as available to order for people with type 1 diabetes who have been confirmed as eligible participants.

There will be limits placed on ordering quantities within the NDSS Connect system to minimise the risk of wastage of CGM products. Eligible patients are encouraged to discuss their ongoing product requirements with their pharmacy to ensure that ordering and collection of products is efficient and convenient.

If you are already a user of CGM, you will be contacted by a NDSS Agent once your form has been reviewed and processed. If a Starter Kit is not required, the initial and ongoing access to CGM sensors and transmitters will be through NDSS Access Points.

Further information on access to CGM products through the NDSS is available at [www.ndss.com.au/cgm](http://www.ndss.com.au/cgm) or by calling the NDSS Helpline on **1300 136 588**. Helpline staff will be able to arrange for further assistance. Alternatively, you may wish to contact the suppliers of CGM products directly.

**AMSL: 1300 851 056 Medtronic: 1800 777 808**

**A CHILD**  
Will not outgrow  
Type 1 Diabetes.

Type 1 is not reversible and  
Exercise and healthy eating  
Will not cure it.



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There's really  
no such thing as  
"under control"

No matter how hard they try as children, or how hard they work as an adult, the blood glucose levels of a person with Type 1 will not truly "stabilise". Life with type 1 means good days, highs, lows, constant monitoring, insulin dosing, carb counting and adjusting.



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A person with Type 1 Diabetes  
must take insulin every day or  
**they will die.**

No amount of healthy eating,  
exercise or carefully concocted  
herbal remedy will ever eliminate  
the need for insulin.



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There's no  
prevention.

Nothing the person (or patient) did or did not do could have prevented the onset of Type 1 Diabetes. No amount of healthy eating or exercise can stop the unknown trigger that causes the body to mistakenly attack and destroy the insulin producing cells within the pancreas.



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