

Conversion Table for Blood Glucose Monitoring



People from outside the US may find this table convenient for converting US blood glucose values which are given in mg/dl into values generated by their blood glucose meters, which are generated in mmol/L.

mmol/L	mg/dl
0.06	1
0.28	5
0.55	10
1.0	18
1.5	27
2.0	36
2.2	40
2.5	45
2.8	50
3.0	54
3.3	60
3.9	70
4.0	72
4.4	80
4.7	85
5.0	90
5.5	100
6.0	106
6.1	110

mmol/L	mg/dl
6.7	120
7.0	126
7.2	130
7.5	135
7.8	140
8.0	145
8.3	150
8.9	160
9.0	162
9.4	170
10.0	180
10.5	190
11.0	196
11.1	200
12.0	216
12.5	225
13.9	250
14.4	260
15.0	270

mmol/L	mg/dl
16.0	288
16.6	300
17.0	306
18.0	325
19.0	342
20.0	360
20.8	375
22.2	400
23.0	414
24.0	432
25.0	450
26.4	475
27.7	500
30.0	540
33.3	600
38.8	700
40.0	720
44.4	800
50.0	900

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Our Mission: DANII Foundation supports all people living with DIABETES by raising awareness of WHAT is TYPE ONE. Our vision is for a world where people with type 1 diabetes live without the fear of never waking up. Our mission is to lobby government and industry to ensure latest technologies are available and affordable, alerting the type ONE and their carers to life threatening hypo and hyperglycaemia. To Educate & Advocate for a type ONE diabetes VOICE.

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